

# Your Guide to **LUMIGAN RC<sup>®</sup>**



**LUMIGAN**  
(bimatoprost ophthalmic solution) 0.01%



# Why has my doctor prescribed LUMIGAN RC?

LUMIGAN RC eye drops are used to reduce high pressure in the eye in adults with open-angle glaucoma or ocular hypertension. If the high pressure is not reduced, it could eventually damage your sight.

## How does LUMIGAN RC work?

LUMIGAN RC belongs to a group of medicines called prostamides. Your eye contains a clear, watery liquid that feeds the inside of the eye. Liquid is constantly being drained out of the eye and new liquid is made to replace this. If the liquid cannot drain out quickly enough, the pressure inside the eye builds up.

LUMIGAN RC works by increasing the flow of liquid that is drained. This reduces the pressure inside the eye.

### Changes in vision

Using LUMIGAN RC may temporarily blur your vision. Do not drive or use machines until your vision has cleared.

Tell your doctor about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

## Side effects with LUMIGAN RC

LUMIGAN RC may cause side effects in some people. If you experience any side effects not listed here, talk to your doctor.

Side effects of LUMIGAN RC may include:

- Darkening of the eyelid
- Eye irritation, redness, itching
- Excessive hair growth
- Longer eyelashes, changes in eyelash colour
- Red and/or itchy eyelids
- Small breaks in the surface of the eye
- Deepening and drooping of the eyelid

Some people experience a change in the color of their iris. This usually happens during the first year of treatment, and may increase as long as LUMIGAN RC is used. It is not known what this change means over the long term, so talk to your doctor if you notice a change in your iris colour.



If you experience side effects from your medication, write them down to discuss with your doctor at your next visit.

# What should I know before starting LUMIGAN RC?

To help avoid side effects and ensure proper use, talk to your healthcare professional before you use LUMIGAN RC. Talk about any health conditions or problems you may have, including if you:

- Are taking, or have recently taken, any other medicines. Using LUMIGAN RC with other medicines or other antiglaucoma products may reduce their effectiveness.
- Are pregnant or breastfeeding, or planning to become pregnant or breastfeed. Ask your doctor how to feed your baby while using LUMIGAN RC.
- Have an active eye infection, inflammation (e.g. uveitis) or any other eye or eyelid condition.
- Develop another eye condition (injury or infection).
- Have severe dry eyes.
- Need to have eye surgery.
- Have liver or kidney problems.

## Changes in eye and eyelid colour

LUMIGAN RC has been associated with iris pigmentation (change in the coloured part of the eye), which is likely to be permanent. The change may be more noticeable if you are only treating one eye, and using too much LUMIGAN RC may contribute to this change. LUMIGAN RC may also cause darkening of the eyelid skin which may be reversible in most cases.

## Hair growth

It is possible for hair growth to occur in areas that LUMIGAN RC frequently touches. Use a tissue to blot your eyes after use to help reduce the chance of this happening. It is also possible for changes to occur in your eyelashes (length, thickness, fullness, pigmentation, number of hairs, direction of hair growth), but this will usually go away if you stop using LUMIGAN RC.

# Tips for your next appointment



- If you have any questions about your eye care routine, including the medications you take, get these ready before you meet with your doctor.



- Take notes when you see your doctor so you can remember them later.



# What is the usual dose of LUMIGAN RC?



Use it once a day, in the evenings

If you miss a night, take one drop as soon as you remember, then go back to your regular routine. Do not take two doses.



Apply one drop in the affected eye(s)

Remember to remove contact lenses before applying.



Wait at least 5 minutes before using other eye drops

If using multiple medications, make sure you know when and how to take each one.

**Remember to take LUMIGAN RC once a day, every day.**

Your doctor will monitor your condition regularly.



Always use LUMIGAN RC exactly as your healthcare professional has instructed you. Do not use LUMIGAN RC if the tamper-proof seal is broken before you first use it. LUMIGAN RC contains a preservative called benzalkonium chloride which may discolour soft contact lenses. Remove contact lenses before use and wait 15 minutes afterwards to put them back in.

# How do I take LUMIGAN RC?



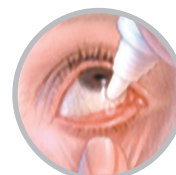
## STEP 1

Wash your hands, then tilt your head back and look at the ceiling.



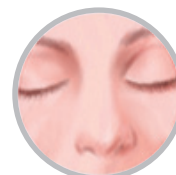
## STEP 2

Gently pull down your lower eyelid to create a small pocket.



## STEP 3

Turn the bottle upside down and squeeze it gently to release one drop into the eyelid pocket. If a drop misses your eye, try again.



## STEP 4

Let go of your lower eyelid, and close your eye for 30 seconds.

**Repeat step 1-4 in your other eye if both eyes need treatment.**

To help prevent infections, do not let the tip of the bottle touch your eye or anything else. Put the cap back on and close the bottle immediately after you have used it.



**For more information about  
LUMIGAN RC, talk to your  
healthcare professional**

Refer to the Patient Information leaflet included with your medication for complete product information.

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1-888-704-8271  
8:30 AM to 4:30 PM, Monday through Friday  
CA-LUM-220025A / JA 2023

