

# Looking at...

## Tips to Stay on Track



If you have questions about your eye drops, write them down and bring them to your next doctor's appointment.



Put a reminder note to yourself in a prominent place, like the refrigerator or bedside table.



Keep all your eye drops together in one place, so you always know where they are.



Ask a family member to remind you each day, or when you may be away from home.



Add your eye drops to your daily routine, such as brushing your teeth in the evening.

**Set a daily alarm on your phone or smart speaker.**  
You can always adjust the time if your schedule changes.



**Look at [LumiganRC.ca](https://LumiganRC.ca) for more information and support**



Always use LUMIGAN RC exactly as your healthcare professional has instructed you. Refer to the Patient Information leaflet included with your medication for complete product information.